
JENNIFER BIERMA

PSYCHIC, LIGHT WORKER, AUTHOR AND SPEAKER

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Jennifer N. Bierma is an Author, Certified Massage Therapist, Advance Reiki Practitioner, Certified Emergency Response Massage Therapist, Certified Angel Card Reader and the owner of No Knots Professional Massage & Bodywork, Inc. Jennifer started her business in 2001 at the age of nineteen.

Jennifer graduated from the Minnesota School of Health Sciences (MSHS) in 2001 with a Massage Therapy Certification. In 2008, she continued her training in Reiki Energetic healing and earned her advanced certification. She is a graduate of the Echo Bodine Psychic Development course and strives to find ways to develop her Psychic and mediumship abilities.

Jennifer's passion for educating individuals on health and wellness and the enhancement of our innate healing gifts has given her motivation to continue expanding her business in ways that will offer opportunities to others that she did not have as she started her career.

Jennifer is committed to being a beacon of light and it shows through her dedication to the community. Jennifer has served in leadership roles with Lions Clubs International District 5M6, the New-Park Lions Club, the Park-Port Lioness Club, Stone Soup Thrift Shop, the Lions Multiple District 5M Hearing Foundation as well as her current leadership role as a group leader for the Women of Words writer's group and the secretary of the board for the Cottage Grove Area Chamber of Commerce.

Aside from her healthy work and volunteer life, Jennifer loves to write and create. Jennifer published a deck of Past Life Regression Healing Oracle Cards, a memoir recounting her life, up to this point, as an intuitive healer and has created a companion journal to go with it. She believes that by passionately stepping out of her comfort zone she can motivate and empower people to act on their goals in a way that honors who they are and creates a greater impact in relationships, communities and the world. She has a goal of speaking Internationally by the time she is 45 and has her sights set on winning a Nobel Prize by the time she is 100 years old. Lofty goals but her passion and drive have yet to fail her and her dedication to living a life outside of the box will keep her moving forward!



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