

COTTAGE GROVE AREA

Women in Business

connect

learn

grow

November 2015

A program of the Cottage Grove Area Chamber of Commerce

Newsletter

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MEETING LOCATION

Cottage Grove City Hall
12800 Ravine Parkway
Cottage Grove, MN 55016

**Join us at our next meeting this
Friday, November 20th, 2015 @ 8:15am**



Speaker:

Therese Samudio, *Sales Process Expert*
Speaker, Author and Coach

Topic:

Make Yourself Memorable!

10 Tips to Stop Wasting Time Networking

- Answer the Question - "Who are you and what do you do?"
 - Network with Purpose
 - Find and Use Your WOW!
 - Set Yourself Apart from the Herd
- Say What Your Prospect Needs to Hear
 - Engage Your Sales Energy!
- Skyrocket Your Lead Development

Feng Shui Wealth Wisdom & More!



Upcoming Classes & Events

Blissful Balance Shop Small Business Vendor Fair ~ FREE!

Saturday, Nov. 28th 2pm - 5pm
Mini Angel Readings \$25 <http://bitly.com/BlissAngel2>

Feng Shui Wealth Wisdom ~ \$27

Wednesday, December 9th 7:00 - 9:00 pm Woodbury
<http://www.findingyourfiji.com/WealthWisdomWorkshop>

Feng Shui Dream Board Workshop ~ \$57

Saturday, January 16th 1:00 - 4:00 pm Woodbury
<http://www.findingyourfiji.com/DreamBoardWorkshop>

[SIGN UP for classes here](#)

Kim Julen, Shift Master
651-230-7361

FindingYourFiji.com
Kim@FindingYourFiji.com

*Please
remember to
bring your
name-tag!*

Download a
"FREE PASS"

and invite a co-worker,
business colleague or
friend to our next

WIB Meeting

[Click Here](#)



New WIB Members

April Alme

Nighthawk Security

WIB \$500 Grant Application

This application may be submitted by a charity organization that benefits women or by a member of the WIB (Women In Business) nominating a charity organization that benefits women.

Please submit your application by e-mail to Heather Melstrom at the Cottage Grove Chamber at office@cottagegrovechamber.org or by US Mail to Cottage Grove Area Women in Business, PO Box 16, Cottage Grove, MN 55016-0016

***The deadline for applications
is November 20th, 2015.***

The WIB Planning Committee will be making a decision by December 15th and the grant recipient will be announced to all WIB members and the public.

[Click Here for the Application](#)

Renewed WIB Members

Megan Eckdahl

Oasis Chiropractic

Lori Schmidt

*Cruise Planners-
American Express*

Upcoming Event Hosted by:



SPANGLER AND DE STEFANO
COUNSELORS OF LAW PLLP

Spangler and de Stefano, PLLP are hosting the following upcoming events at their office located at 962 Saint Clair Avenue, St. Paul, MN 55105:

Upcoming Seminars:

November 19, 2015

"Understanding the Fundamentals: The Intersection of Family Law and Estate Planning." A FREE box lunch is provided with a RSVP to (651) 776-2900 or evon_spangler@qwestoffice.net. Space is limited. Guests are welcome.

December 17, 2015

"Understanding the Fundamentals: Is Your Business Protected for the New Year?" A FREE box lunch is provided with a RSVP to (651) 776-2900 or evon_spangler@qwestoffice.net. Space is limited. Guests are welcome.

Holiday Party: December 18, 2015, from 7 - 9 p.m., Victorian Holiday Party co-hosted with Brynn Alden Interior Design, LLC. No RSVP required.

To receive weekly tips and seminar information, like "Spangler and de Stefano, PLLP" on Facebook.

Chamber Directory



Cottage Grove Area Chamber of Commerce and the South Washington County Bulletin are teaming up to produce the 2016 Membership Directory that will be distributed to all members this coming January. These annual Membership Directories are consistently used by members to support their fellow Chamber businesses, while serving as a strong reminder to shop local.

Please take a few minutes to look over your listing to ensure it is **CURRENT, ACCURATE and COMPLETE**. Contact the Chamber Office with updates/corrections. **Email, fax or mail your updates by Monday, November 30th, 2015.**

All members will receive two free listings in the directory

as part of your membership, along with additional opportunities to enhance your presence through prominent advertising in the directory. Advertising proceeds are used to design and print this directory. Your support is encouraged and appreciated. Prominently highlight your business in the directory by contacting your Bulletin representative directly or by calling (651) 319-4534 today.

If you have any questions regarding the directory, please contact Heather at the Chamber Office by phone 651.458.8334 or email office@cottagegrovechamber.org.

[Click Here for Advertising Options](#)





Women, Wine & Money

Presented by Arlene Myers of Thrivent Financial

[Click Here To Download Flyer](#)

What you don't know! COULD HURT YOU!

A FREE FINANCIAL SERIES TO HELP YOU AVOID THE PAIN...

Seminar Series	Event Details...
<p>Tuesday, December 8th Registration - 6:15 p.m. Seminar - 6:30 p.m.</p> <ul style="list-style-type: none">• Women, Wine and Money <p>Location: Jerry's Foods Woodbury Upstairs in the Community Room 7760 Hargis Parkway Woodbury, MN 55129</p> <p><i>Space is Limited so reserve your spot early!</i></p> <p>RSVP required to attend this FREE seminar</p> <p>RSVP by December 1st</p> <p>To reserve your spot, please contact Pam at 651-458-5392 or EastMetroFinancialTeam@thrivent.com</p>  <p>WOODBURY COMMUNITY FOUNDATION</p>	<p>Women, Wine and Money: Join Arlene Myers, a Financial Associate, with the East Metro Financial Team of Thrivent Financial for this educational workshop for women. The workshop will provide a better understanding of challenges and strategies that pertain specifically to women.</p>  <p>Wine, Cheese and Desserts: No women's event would be complete without some Wine, Cheese and Desserts! Come along as we go on a behind the scenes tour of the Jerry's Foods Bakery. We will learn the latest trends in desserts for the holidays and sample some wonderful delights. The fun doesn't stop there. Next we will check out the amazing cheese department and learn about all the options available for your holiday parties. Lastly, representatives from Cupcake Wines will provide us with samples of their wines while teaching us what they pair well with.</p>  

10040 City Walk Drive, Woodbury, MN 55129 • 651.788.6586 • www.WoodburyFoundation.org • Tax ID: 72-1592506

Holiday Train Coming to Town!



Holiday Train is Stopping in Cottage Grove, MN on December 10th, 2015!

The Canadian Pacific Holiday Train returns to our communities on Thursday, December 10, 2015. The brightly lit train will arrive at West Point Douglas Road just south of the 80th St. Sieben Bridge / Belden Crossing, at approximately 5:45 p.m., time is subject to change; with a trainload of fun and entertainment. All cash and personal care item donations collected at our "Stop" go directly to our local Friends in Need Food Shelf; serving the residents of Cottage Grove, Grey Cloud Island, Newport and St. Paul Park. **New this year: Re/Max Professional sponsored Warming Tent and Food Truck!**

Last year our communities raised an astounding \$106,275 and collected over 14,925 pounds of personal care items and non-perishable food for our local Friends in Need Food Shelf; almost one/half of its annual budget. In the past twelve years the Holiday Train event in Cottage Grove has raised over \$767,083 for our local food shelf! Our goal is to raise \$90,000 this year.

Cottage Grove, Newport and St. Paul Park area residents are not waiting until the arrival of the Canadian Pacific Holiday Train on Thursday, December 10th to start reaching out to the community to raise awareness and funds for the local Friends in Need Food Shelf. Pre-stop fund raising includes: selling Holiday Loaves specially baked by SuperMom's at area churches, a Pancake Breakfast at St. Rita's Catholic Church in Cottage Grove on December 6th, bagging groceries at Cub Foods in Cottage Grove on Sunday, November 22nd, "Ten Days of Giving" at local schools sponsored by Merchants Bank with assistance from Werner Electric Supply, Edwards Plumbing and South Washington Schools and Anchor Bank is sponsoring the "Train Cut-Outs" at local businesses. For more information, please visit the [Holiday Train Page on the Chamber Website](#) or the [Holiday Train Facebook Page.](#)

New to WIB in 2016

The *WIB Planning Committee* is working hard on finding great speakers for 2016! They are always looking for more ways to improve our Women in Business Group and have come up with the

following:

Monthly Coffee Sponsors

Each month we have speaker, a WIB member has a chance to be a coffee sponsor. They will have their logo on meeting promotional materials and a 3-minute spotlight at the meeting. The cost is coffee! Please bring coffee for around 25 people (an early morning snack is optional). We will have a signup sheet at our November meeting.

Meeting Location and Time

WIB Meetings in 2016 will now be located in the Training Room of the BEC Building, 7516 80th Street South, Cottage Grove, MN 55016 and will start at 7:45am (rather than 8:15am). We will talk more about the change at our November Meeting.

Refer a New Member

Refer a new member to the WIB and receive a gift of a "sassy" green CG Area Women in Business business card holder. Membership applications are available at every meeting or can be downloaded at our website at

www.wibcg.com.

[Find Us On:](#)



Become a WIB member & post your upcoming business events, promotions and announcements here!!