

COTTAGE GROVE AREA

women's business development

GROUP

November 2012

A program of the
Cottage Grove Area Chamber of Commerce

Newsletter

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Friday, Nov 16 Meeting Agenda

7:45-8:00 a.m.
Informal Networking & Check-in

8:00 - 8:05 a.m.
Briefing from the City of Cottage
Grove

8:05 a.m.
Speaker:

Welcome New Members

Cheryl Robideaux
Recognition Worx Inc.
651-770-6660
crobideaup@recognitionworx.com
www.recognitionworx.com

Recognition Programs, Awards and Business Gifts

Membership Renewals

- Kimberly Croker, Express Employment Professionals
- Sharon Ornquist, City of St. Paul Park
- Arlene Myers, Thrivent Financial for Lutherans, East Metro Team

Free Seminar

"Properly Dissolving a Business, Including the
Intersection Between Personal and Business
Bankruptcy"



On December 14, 2012, from 12:00 noon to 1:00 p.m., at Spangler and de Stefano,

Kim Julen, Ideal Designs
Topic: What the Bleep Do You Say to Yourself?

8:45 a.m.
Announcements

9:00 a.m. Informal Networking

Greeter: Laurie Levine
Sign-in: Evon Spangler

Meeting Schedule

Dec - No Meeting
Happy Holidays

Jan 18, 2013, 7:45 a.m.
Norris Square
Speaker: Anja White, Business Coach
Topic: "All Roads Lead to Rome"

Upcoming Chamber Events:

Holiday Breakfast
Thursday, Dec 6th
7:30 a.m. at Tinucci's
Speaker: Martha Olson, Sweet
Martha's Cookies
Topic: From Fresh Dough to Sweet
Success
\$12.00 Chamber & Non-Chamber
Members
[CLICK HERE](#) to register on-line

Remember to Bring
Your Name Tag!!

PLLP, 779 East 7th Street, St. Paul, MN 55106 will be presenting a FREE seminar (with complimentary box lunch and beverage) on "Properly Dissolving a Business, Including the Intersection Between Personal and Business Bankruptcy." Come and join us and our special guest co-speaker: Adam Wadd, Esquire, Wendling and Associates. Space is limited, so please RSVP immediately to evon_spangler@qwestoffice.net or (651) 776-2900.

Keep Active & Healthy during the Holiday Season!

Tis the season for holiday cheer, cozy sweaters and blankets, spending time with family and friends, and gaining 10 lbs! If you'd prefer to not experience the last item on that list, let me help! Schedule some classes at Real Fit Workout Studio to keep you active and healthy during this time of year! Not only do the calories burned during the workout help you, but your whole mind-set is different regarding food choices when you are exercising regularly. We offer Yoga, Strength & Tone, Spin and Cardio Boxing classes. All classes are for all age levels and all abilities. Sign-up on our website at www.r-fit.com or contact me directly, Laura@r-fit.com, 612.670.8670. Here's to a fun and healthy holiday season!



WBDG 2012 Grant Award

The Women's Business Development Group will again be awarding a \$500 grant to a women's charitable organization that makes a difference in women's lives. If you would like to nominate your organization or an organization that you believe in, please complete our Grant Application. Applications will be available at our November meetings or it can be downloaded from our website at www.wbdg.org or [CLICK HERE](#) to download.

Community Education Fall Catalog

The new fall catalog is out with GREAT classes to bring you wellness and an opportunity to learn new skills. Check out over 100 new listings and join in on the fun! Visit all the classes offered at www.cecool.com.

CP Holiday Train returns to Cottage
Grove Dec 11th



**Canadian Pacific Holiday Train
Cottage Grove Stop
10 Year Anniversary**

Tuesday, December 11, 2012

Train arrives at 5:45 p.m., Stage Car Show at 6:00 p.m.

The Canadian Pacific Holiday Train returns to our communities on Tuesday, December 11, 2012. The train will arrive at 5:45 p.m. and the stage car show will begin at 6:00 p.m. The train will stop on West Point Douglas Road, across from the Youth Service Bureau. All cash and toiletry donations collected at our "Stop" go directly to our local Friends in Need Food Shelf; serving the residents of Cottage Grove, Grey Cloud Island, Newport and St. Paul Park.

Last year our communities raised an astounding \$101,000 and collected over 9,660 pounds of food, toys and toiletries for our local Friends in Need Food Shelf. In the past nine years the Holiday Train event has raised over \$402,000 for our local food shelf! **Our goal is to raise \$70,000 this year.**

The Friends in Need Food Shelf needs your support as they are helping more people than ever before. Last year they served over 36,000 people, which was a huge increase over the year before. The demand continues to be just as high this year and they are serving between 180 to 220 families every week with food and toiletries!

The Holiday Train Committee Cottage Grove Stop Pre-Stop Fundraising Events

Holiday Train 10 Year Anniversary Calendars

\$10.00 each

Local photos from past years

Includes coupons from local businesses

Available at: Anchor Bank, Borgstrom's Hallmark, Bulletin License Center, Caribou, Central Bank, Cub, Curves for Women, Merchants Bank, Park Café, Yo-Joe's Frozen Yogurt & Coffee Shoppe, at the Chamber Office & Events and **the**

WBDG meeting on Nov 16th!

Grocery Bagging

Sunday, November 18th

12:00 - 6:00 p.m.

Cub Foods, Cottage Grove

"10 Days of Giving" at local schools

Sponsored by Merchants Bank in cooperation with Washington County ISD No. 833, Edwards Plumbing and Werner Electric Supply

Holiday Train Cut-Out Sales

At Local Businesses, Sponsored by Anchor Bank

Sale of Holiday Loaves [blueberry & cranberry]

\$5.00 each

Specially baked by SuperMom's

Sold at area churches

"Like" us on Facebook at Cottage Grove Holiday Train for details on all Pre-Stop Events!

Refer a New Member

Refer a new member to the WBDG and receive a gift of a "sassy" green Women's Business Development Group business card holder. Membership applications are available at every meeting or can be downloaded at our website - www.wbdgcg.com. Already have a "sassy" holder? For each additional referral you receive a \$5.00 voucher towards your dues or a members only event.

Become a WBDG member & post your upcoming business events, promotions and announcements here!!