

COTTAGE GROVE AREA

women's business development

GROUP

September 2012

A program of the
Cottage Grove Area Chamber of Commerce

Newsletter

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Friday, Sep 21 Meeting Agenda

7:45-8:00 a.m.

Informal Networking & Check-in

8:00 - 8:05 a.m.

Briefings from the CG Economic Development Committee and City Council

8:05 a.m.

Welcome New Members

LaRae Mills

A# Music Studios

651-235-7464

asharpmusicstudios@comcast.net

www.asharpmusicstudios.com

8811 92nd St. S., Ste 111, Cottage Grove

Music instruction for all ages. Studio provides lessons & classes in piano, voice, guitar, violin, flute, clarinet, saxophone and more.

Kennlyn S. Robinson

Sophia's Spirit Life Coaching

651-895-5187

krobin2@comcast.net

www.sophiasspirit.com

Certified Life Coach - specializes in working with health care workers, solo entrepreneurs, transitions.

Membership Renewals

- Gretchen Carlson, So. Wash Cty Community Education
- Laura Devine, Real Fit Workout Studio
- Ann Haertl, So. Wash Cty Community Education
- Karen Hogendorf, Canvas Health
- Katie Olafson, Farmers Insurance-The Katie S. Olafson Agency
- Gail Sperlich, On-Site Drug Testing and Consulting

Speaker:
Laura Devine, Real Fit
Workout Studio

Topic:
Yoga at Work-Find Balance
& Increase Productivity

8:45 a.m.
Announcements

9:00 a.m. Informal
Networking

Meeting Schedule

October 19, 2012
Speaker: Amy Zastrow,
KICK BUTT Business
Mentor and Founder of
Success Architects
Topic: Power-Up Your
Productivity!

November 15, 2012
Speaker: TBA

Free Seminar

"Understanding the Financial Impact on Your Business in the Event of a Business Owner's Divorce"



SPANGLER AND DE STEFANO
COUNSELORS OF LAW PLLP

As a business owner, what amount of funds will you have to pay to your spouse for his or her share of your business if you get divorced? Are you aware that without a prenuptial agreement that your spouse has an interest in your business even if the business was started before your marriage? What happens to your business if one of the co-owner's gets a divorce, and how do you protect your share? Understanding the consequences of a divorce of one of the owners (which could be you) is important for a business owner. On October 12, 2012, from 12:00 noon to 1:00 p.m., at Spangler and de Stefano, PLLP, 779 East 7th Street, St. Paul, MN 55106 will be presenting a FREE seminar (with complimentary box lunch and beverage) on "Understanding the Financial Impact on Your Business in the Event of a Business Owner's Divorce". Come and join us and our special guest co-speaker: Nicole Middendorf, CDFP, LPL Financial Advisor, Prosperwell Financial. Space is limited, so please RSVP immediately to evon_spangler@qwestoffice.net or (651) 776-2900.

Check out the new fall catalog from Community Education!

Check out the new fall catalog from Community Education! Over 100 new intriguing classes are included. Classes on Tabata, Healthy Soups, Blended Family Support Groups, Calm You Canine with Touch and Back Pain Help are just a few of these exciting classes. Check it out!

<http://www.cecool.com/uploads/Files/CommedBrochure.pdf>

Or www.cecool.com

Spartan Promotional Group Showcase Invitation



SPARTAN
Promotional Group, Inc.

Showcase Invitation

When: October 9, 2012

Where: Prom Center, 484 Inwood Avenue, Oakdale, MN
55128

Time: 8:30am - 2:00pm

Come and see the New and Exciting Products that will cook up fresh marketing ideas for your business promotions! Don't forget to bring your Business Associate(s) or anyone you think could use Fresh, Creative Promotional Marketing Assistance.

You can register by going online www.spartanpromo.com or contacting Mary Slusser at slusseermary@spartanpromo.com or at 651/735-1333.

Free Parking & Admission

Help Plan the 2013 Speaker Schedule

The Planning Committee for the Women's Business Development Group is looking for new members. The committee plans the speakers for the monthly meetings and other special events. The committee meets the Tuesday following the Friday meetings from 1 to 2 p.m. at Yo-Joe's. If you are interested please contact Committee Chair Laura Devine at 612-670-8670 or be email at laura@r-fit.com.

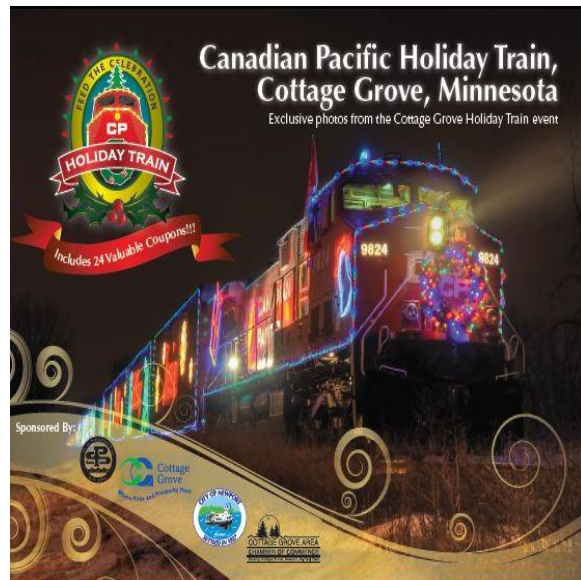
CP Holiday Train Cottage Grove Stop 10-Year Anniversary Calendar

\$10.00 each
Proceeds
benefiting our
local Friends in
Need Food Shelf

Includes coupons
for local
businesses

Photos from past
10 years of stops
in Cottage Grove

Available at:
Anchor Bank,
Borgstrom's, Bulletin License Center, Caribou, Central Bank,
Cub, Curves for Women, Merchants Bank, Park Café, Yo-Joe's
and at the Camber Office, Chamber Events and the November
WBDG meeting!



Refer a New Member

Refer a new member to the WBDG and receive a gift of a "sassy" green Women's Business Development Group business card holder. Membership applications are available at every meeting or can be downloaded at our website - www.wbdgcg.com. Already have a "sassy" holder? For each additional referral you receive a \$5.00 voucher towards your dues or a members only event.

**Become a WBDG member & post your upcoming
business events, promotions and announcements
here!!**